

19th July 2011

SCHOOL PE KIT FROM SEPTEMBER 2011

Dear Parents/Carers,

At Beaver Road Primary School we believe that Physical Education (P.E.) is essential to the development of the whole child – academic, social, emotional, spiritual and physical. It provides the foundation for a healthy lifestyle and promotes character building, co-operation and self-esteem.

“Physical education educates young people in and through the use of the body and its movement. It aims to develop physical competence so that the pupils are able to move efficiently, effectively and safely and understand what they are doing. It is essentially a way of learning through action, awareness and observation.”

(Physical Education for ages 5-16 DES/WO 1991)

In the interests of health and safety all children are required to have a PE kit, which is different from their school uniform.

At Beaver Road PE kit must consist of:

- **yellow or white t-shirt**
- **blue shorts**
- **pumps or trainers**
- **blue fleece (optional)**
- **blue and yellow tracksuit (optional)**

This kit should be named and kept in a PE bag on the child's peg and be taken home at weekends/holidays for washing.

Jumpers, fleeces or tracksuits may also be worn for outdoor PE in cold weather. Children will work in bare feet for dance and gymnastics in the hall.

Children who forget PE kit will be reminded of the importance of suitable clothing for PE and a letter will be sent home to remind you of the importance of bringing the correct PE kit to school.

Children should only miss PE on health grounds, if this is requested by their parents, either by direct contact with the school or in a note to the teacher.

Non participants will still be included in the lessons, in the role as an observer or choreographer evaluating the performance of their peers.

We very much appreciate your support in this matter.

Yours sincerely,



Paul Anderson
Assistant Headteacher