



Beaver Road Home Learning Grid Reception – Autumn 1 – What Makes Me Happy and Healthy?

Our home learning grids explain the activities you can do at home this half term that will complement your child's learning in the classroom. Completed activities can be presented and celebrated in class in the last week of half term.

Every Week

Read a story daily with your child

Our focus stories for this half term are:

I Will Not Never Ever Eat A Tomato

<https://www.youtube.com/watch?v=KLzL94pjYrI>

The Rainbow Fish:

<https://www.youtube.com/watch?v=QFORvXhub28>

Encourage your child to write their name at any opportunity – if they draw a picture, ask them to write their name. They may only be able to write one or two letters at this stage or they may write their whole first name. If they can write their first name well, you can challenge them to write their last name.

Encourage sharing at home, just like Rainbow Fish!

Maths

Practise counting skills by finding objects from around the house and put them in a line. Move the objects to count them, touch them with their finger and say the number out loud slowly.

Choose a couple of toys and give them a certain number of toys/teddies each. How many has each toy/teddy got? How many altogether?

When you are out and about, can you spot numerals of personal significance? The age of your child or numbers in their date of birth? They could be on cars, houses, kitchen items, the tv.

Fill a jar with objects – this could be changed regularly – pasta, peas, teabags, buttons, fruit (Up to 10) Can you guess how many are in the jar? Can you write the number? Can you show the number on your fingers?

<https://nrich.maths.org/13339>



English

Using post it notes or scraps of paper, walk around the house, at the front or back of where you live and see if you can say the initial sound of an object and write it on the paper. For example, bin – b, fridge – f, grass- g.



V.I.V – Very Important Vocabulary

ordinary, shimmer,

health, happiness, exercise

altogether, estimation

Science

Will the Rainbow Fish sparkle?

Firstly, create a rainbow fish – make sure it has something sparkly on it to represent the scales!

What do the sparkly scales look like in the daytime?

What do the sparkly scales look like when you shine a torch on them?

It can be very dark at the bottom of the ocean because sunlight doesn't get to it. Do you think Rainbow Fish sparkles at the bottom of the ocean?

Find out by turning off the lights and observe what happens!

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ICT

Research different types of fish and admire their different colours, patterns, and scales.

Research what tomatoes can be used for.

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Design & Technology

Can you create a fruit kebab?



Can you make tomato soup?

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Geography/ History

Where and how can you stay healthy in your local area?

What makes you happy in your local area? You may have a favourite place you like to visit such as a shop or a park.

Enjoy visiting them!

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Art/ Music

Can you create an under the sea setting with a Rainbow Fish by using recycled materials and crafts?



Enjoy singing 1, 2, 3, 4, 5 Once I Caught A Fish Alive!

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PE – Get Active

It is important to keep our minds healthy as well as our bodies!

You can keep your mind healthy by talking about how you feel, talk about what makes you happy, ask questions you may have and listen to calming music.

<https://www.youtube.com/watch?v=77YwsoKsNV8>

Observe the effects exercise has on your body. Go for a walk, have a running race, or use chalk to create a hopscotch on the ground and see what happens! How does your body feel?

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