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BEAVER ROAD M20

Beaver Road Primary School

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Friday 15th May 2020

Dear Parents and Carers,

In this letter

- Mental Health Week 18th-24th May
- The Beaver Road Big Zoom Show W/C 25th May
- The Great Reading Adventure competition – Entry deadline 1st June

Mental Health and Well Being has always been a high priority for Beaver Road, and we have always strived to support our school community to live mentally healthier lives. Therefore, especially at this challenging time, we want to promote Mental Health Awareness Week. This year the campaign's theme is KINDNESS. One thing that we have seen all over the world is that kindness is prevailing in uncertain times. We have learnt that amid the fear, there is also community, support and hope.

Kindness could transform our schools, places of work, communities and families. Let's shape a society that tips the balance in favour of good mental health, for all of us, but especially for those who are most vulnerable.

You will notice on next week's learning at home activities that there is a strong link to promoting positive mental health and kindness across all the subjects. We want to get everyone talking about kindness and mental health. On Monday, please look out for our Whole School video, where the staff have shared what helps them with their mental health. We hope you enjoy it!

Remember, if you need any support or guidance, our website has a wealth of useful web links to some fantastic resources. Just go to [UK Lock Down: Support At Home](#) page.



The Beaver Road BIG ZOOM GIG **w/c 25th May...starring Beaver Road** **children in aid of the** **NSPCC**

Mrs Silva is delighted to inform you all of the news of our first ever, **Beaver Road BIG ZOOM GIG** and would like to invite all families to take part!

Through necessity, video-conferencing has become THE way to be together and so we would like as many children as possible to create, rehearse and perform for their grown-ups, family and friends via a video link. If a virtual performance is not possible, a garden or front room show is equally welcome. As well as being a fun way to share a performance with family and make memorable connections with our loved ones, this will also be an opportunity to raise funds for the NSPCC, who as you may have read about in the media, are experiencing a noticeable increase in calls and service use since lockdown started.



At Beaver Road, we invite all children to be advocates for other children's Rights and take action to support others who may not be enjoying their Right to being safe or whose dignity and wellbeing is being undermined. This is our collective way of taking action in supporting children's Rights and we know that our children will do an amazing job, as always!



Article 2 (non-discrimination) The Convention applies to every child without discrimination, whatever their ethnicity, sex, religion, language, abilities or any other status, whatever they think or say, whatever their family background.

We're sure you have many ideas for your performance but here are a few to start your thinking...

- Junk percussion play-along with a favourite song or piece of music
- Puppet theatre or Magic show – upcycling / recycled props and sock puppets
- Cooking or sporting demo
- Storytelling
- Mime / juggling / circus skills

Your family audience members are invited to 'buy tickets' by making a small donation at our 'Just Giving' page [Beaver Road BIG Zoom Gig](#) and we are making the week beginning May 25th May our performance week - please arrange your zooming or other video platform with family for one day during that week.

A quick checklist...

- Think on an idea for your performance. This can be something short and sweet!
- Choose a day for your show (w/b 25th May) and invite your family and friends.
- Give the Just Giving page details to your audience members so they can buy a ticket
- Practice, practice, PRACTICE!
- Create an advertising flyer and any props you may need.
- On the day / evening of your show, ask a grown-up to take photos or video clips to share with your class teacher via Tapestry or Seesaw.
- Have fun with your performance and feel proud!

Parents and Carers are responsible for organising the technology and ensuring the safety and appropriateness of the setting and materials.



READING
gives us
SOMEPLACE
to go when
we have to
STAY where
we are

The Great Reading Adventure...where will you go on your adventure?

At Beaver Road we believe in the proven power of reading to tackle life's big challenges. Reading anything for the joy of it gives huge mental health benefits and for this reason we are promoting reading as one method to ensure positive Mental Health through our very own reading competition 'The Great Reading Adventure'. There are two different ways children can enter our competition:

1) List all the places you have visited whilst reading a book, whether it be Hogwarts, the Three Bears cottage or Greg Hefley's house from Diary of a Wimpy Kid. Books transport you to places you could never visit in real life. And when the key message from our Government has been 'Stay Home', we wanted to encourage the children of Beaver Road to travel to far off lands by reading.



2) Create an image depicting the scene/ setting from your favourite book. This could be a picture, painting or even a cake decoration. Anything goes.



All entries to the competition need to be shared with the class teacher on Tapestry or Seesaw by Monday 1st June and the winners will be announced in Mrs Hardy's newsletter as well as on twitter and the school website. Each winner will also win books for their class, which have kindly been bought by the Beaver Road PTA.

We can't wait to see your entries and see where you have been.

Best wishes,
R.Byrne
Deputyheadteacher