

Saturday 12<sup>th</sup> September 2020

# LETTER FOR PARENTS AND CARERS OF DIRECT CLOSE CONTACTS OF A CONFIRMED CASE OF COVID 19 AT BEAVER ROAD PRIMARY SCHOOL

#### Advice to Self-Isolate for 14 Days

Dear Parents and Carers of all children in Year 4M & 4SM,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school.

We have followed the national guidance and have identified that your child has been in close contact with the affected person. In line with the national guidance we recommend that your child now stay at home and self-isolate until **Thursday 24**<sup>th</sup> **September 2020.** 

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities. A negative test does not mean that your child can return to school earlier than 14 days.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to the PHE Staying at Home Guidance

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stayat-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

#### What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when symptoms appeared as advised in <u>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance</u>

You should arrange for testing for your child via <u>https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested</u> or 111.nhs.uk or primary care









Please inform school immediately if your child becomes unwell with symptoms and then inform us of the outcome of the test as soon as possible.

All other household members who remain well must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

## Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <u>https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</u>or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- · wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards









## **Further Information**

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

While the children are self-isolating we will be providing remote learning for your children each day. The staff team are currently preparing this to be available from Monday morning. Initially it will be available on the Year 4 class page of our school website. <u>https://www.beaverroad.org.uk/class/year-4</u>

We also hope to have Seesaw up and running by the end of the day on Monday for children to have more information available and daily communication with their teachers. We will be sending more information about our remote learning provision and expectations as soon as possible next week.

We understand that these are very challenging circumstances for us all. Please try not to worry, follow the guidance and keep as safe as you can. If you have any further concerns, please contact the school office, who will put you in contact with the most relevant school member of staff.

Yours sincerely,

Mrs Liz Hardy Executive Headteacher

