

#### 16th October 2020

Dear Parents and Carers,

I am writing to inform you of our current PE provision in school, future plans and enrichment opportunities available to your children. At Beaver Road, we strive for all children to be active, confident, and above all else, happy. We are passionate about Physical Education, and through the delivery of an active curriculum, alongside our exciting and varied extra-curricular provision, we encourage children to obtain new skills, improve their fitness and enjoy learning – with physical activity at the forefront.

We believe that Physical Education is vital to pupils' development: it allows children to maintain a healthy weight, to develop strength and agility, to develop social and emotional skills and to have a positive, "can do" attitude.

The teaching of PE will continue to form part of the learning carousel, along with Art and Music, during teachers statutory Planning, Preparation and Assessment (PPA) time. Unlike last year, these lessons for most year groups will now happen on a fortnightly basis for a full day. This is due to our current risk assessment on reducing the risk of transmission of COVID-19 between the different bubbles across our school.

#### PPA Timetable 2020-2021

Week 1						
Monday	Tuesday	Wednesday	Thursday	Friday		
Year 1	Nursery	Year 2	Year 4	Year 6		

Week 2						
Monday	Tuesday	Wednesday	Thursday	Friday		
Year 5	Reception	Year 2	Year 4	Year 3		

#### PE Kit

As of next half term (Autumn 2), on the days your child has PE, we now encourage your children to come to school already dressed in their PE kits. This term we have found some of our children, particularly those in the younger year groups, still require support with changing, making social distancing difficult for staff. Having already trialled this approach in Year 5, we have also found this has increased the duration of the carousal lessons, which has allowed for more opportunities within each session. All PE kits should be clearly labelled and consist of:

- Shorts/ Tracksuit bottoms
- T-Shirt (No football shirts)
- Jumper
- Water proof jacket
- Trainers (outdoor)
- Pumps (Indoor)

### **PE Curriculum**

At Beaver Road your child will develop their knowledge and skills in all areas of PE. Dance and Gymnastics is taught by your child's class teacher. They will deliver either Dance or Gymnastics every week which will alternate each half term. We have recently bought into a PE Scheme called 'PE Passport'. This provides all of our teachers with outstanding lesson plans and resources to ensure your child is accessing high quality PE lessons, which are sequential and progressive.

The games side to PE is taught be myself. I have a great passion for all sports and I am always looking at ways to improve my teaching. I am currently in my final year at the Open University where I am studying a degree in Sport, Fitness and Management. In addition to this, I attend courses which are specific to PE that ensure I am up to date with the latest skills and knowledge. Your child will access various sports throughout their time at Beaver Road including Football, Hockey, Cricket, Tennis, Swimming, Dodgeball, Athletics, Handball, Tag Rugby and Health Related Fitness. All sessions are planned to a high standard, allowing all children to develop regardless of their ability. Due to the ongoing pandemic, sessions have been adapted to ensure we are following the latest government guidelines in relation to physical activity in schools.

## **Inter School Sport**

We believe that the opportunities provided to pupils at Beaver Road are excellent. Competitively, children have the chance to compete in 17 different sports across the year. In order to give more children the opportunity to compete, I always try and enter two teams for each competition. In one team, children who excel in a particular sport are selected, and in the second team, children who show a keen interest and/or wish to challenge themselves within a particular sport are selected. We use this particular selection process in order to make sure our procedures are in line with the school's inclusive ethos. We are proud of our record, which sees an increasing number of children from the school's identified groups representing the school at all levels. Over the years, we have been very successful winning many competitions and bringing trophies back to school to showcase them to all of our other children. Unfortunately, with the current COVID pandemic, at this time we are not able to compete with any other schools.



# **Intra School Sport**

As well as competing outside of school, we also hold mini competitions in school for children in Years 3, 4, 5, & 6. These are known as Intra School competitions. Each class is allocated a team colour; Green Eagles, Blue Kestrels or Yellow Falcons. At the end of each half term, each class competes against other classes in their year group, gaining as many points as possible to win the year group trophy at the end of the year. I will be looking to extend these competitions to year groups in EYFS and KS1 when we are able to start these competitions once again, as with the current 'bubbling' system in school, this is something we are also unable to do at this time.

If you do have any further queries and/or questions relating to PE, please contact the Main Office who will be happy to help.

Yours Sincerely,

Lee Knowles Sports Coach